

Make an appointment

Help your child get the best start in life.

We welcome families looking for a safe and friendly space to improve their child's wellbeing.

Our team can be contacted on

+61 7 3447 6500

Email: kids@stride.com.au

The first
step is the
biggest
1300 00 1907

Stride.com.au

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STRIDE Kids
NORTH BRISBANE

Baby steps towards a brighter future
Stride.com.au

Helping kids get a head start

At Stride Kids North Brisbane, we provide specialist mental health support to children aged 0-11 with mild to moderate needs to set them up for whatever life brings.

Early intervention

In these early years, your child is developing important skills and attachments that play a huge role in their future wellbeing. These include the emotional and social skills they build during their interactions with others.

How we support kids and their families:

- Assess your family's needs
- Work with you and your child to identify treatment goals
- Provide counselling
- Develop an individual support plan for your family
- Assist you and your child to develop skills to manage emotional, behavioural or mental health concerns
- Connect you with people and services that can assist with your goals and treatment plan.

To access this free service, parents must have, or be eligible for a Health Care Card and reside in the North Brisbane region.

Why Stride Kids

We're here because we understand the urgent need for mental health services for infants, children and their families and we're here to help.

"I recommend this to everyone. It is life changing, it changes the way you see the world and it changes the way you see your child and that's the greatest gift anyone could give you. The ability to see your child through your child's eyes." - Hayden, parent of Ryan

In fact, we have over a century's worth of experience in this space and we provide mental health services to everyone from infancy through to adulthood.

