

AREA OF NEED	DESCRIPTION OF AREA OF NEED	FACTORS OF ILLNESS THAT CREATE DIFFICULTY	FUNCTIONAL IMPLICATIONS	PHYSICAL HEALTH IMPLICATIONS	TYPE OF SUPPORT NEEDED	FREQUENCY OF SUPPORT NEEDED	EXAMPLE OBSERVATIONS
<b>Self Care</b>	<ul style="list-style-type: none"> <li>Showering/bathing</li> <li>Dressing</li> <li>Eating</li> <li>Toileting</li> <li>Maintaining physical health</li> <li>Managing medication</li> </ul>	<ul style="list-style-type: none"> <li>Medication side effects causing weight gain</li> <li>Increased appetite</li> <li>Lethargy</li> </ul>	Difficulty with: <ul style="list-style-type: none"> <li>Hygiene</li> <li>Maintaining adequate diet</li> <li>Nutrition</li> <li>Dressing appropriately</li> <li>Managing physical wellbeing</li> <li>Maintaining physical health</li> </ul>	<ul style="list-style-type: none"> <li>Good hygiene habits</li> <li>Good nutrition &amp; dietary management</li> <li>Personal safety in the home eg. trip hazards</li> </ul>	Assist with equipment to enable self care activities.  Access to healthy lifestyle activities including exercise.	Assist to attend exercise program, including transport on weekly basis.  Provision of equipment, training & support (6hrs/mth) + equipment cost	X presents as dishevelled with poor levels of hygiene. X has delusional beliefs associated with water.  X manages her own meal preparation by purchasing freezer meals, but often forgets to eat due to distracting symptoms & does not shower regularly.  X is unable to maintain cleanliness of her unit & reports that it is too much for her to manage on her own. X has lived in squalor for the last 5 years.
<b>Social Interaction</b>	<ul style="list-style-type: none"> <li>Making &amp; keeping friends &amp; relationships</li> <li>Behaving within limits accepted by others</li> <li>Coping with feelings &amp; emotions</li> <li>Having a sense of purpose in life</li> <li>Making connections in the community</li> <li>Volunteering</li> </ul>	<ul style="list-style-type: none"> <li>PTSD A</li> <li>Anxiety</li> <li>Paranoia</li> <li>Hallucination</li> <li>Derealisation</li> <li>Aggression</li> <li>Obsessions</li> <li>Poverty of thought</li> <li>Depression</li> <li>Elevated mood</li> <li>Stability of mood</li> <li>Social cognitions</li> </ul>	<ul style="list-style-type: none"> <li>Social isolation &amp; withdrawal</li> <li>Difficulty with:               <ul style="list-style-type: none"> <li>Responding to social situations</li> <li>Making &amp; keeping friends</li> <li>Talking to strangers or certain people</li> <li>Interaction affected by behaviours</li> </ul> </li> <li>Fear or distrust of others</li> </ul>	<ul style="list-style-type: none"> <li>Potential lack of acceptance in waiting room</li> <li>Potential disturbance to other patients</li> <li>Uncomfortable waiting for appointments</li> </ul>	Person to accompany when attending social activities	Attendance at social activities (2hrs/wk) Graded support for new social situations	X has become socially isolated since being diagnosed with depression. X doesn't venture into the community alone. X feels very anxious when meeting new people which further adds to his social isolation.  X speaks very quickly due to mania, & is frequently unable to speak due to feeling depressed. It is very difficult for X to interact socially & maintain friendships. X has feelings & emotions she is unable to cope with due to her mental illness.
<b>Self Management</b>	<ul style="list-style-type: none"> <li>Doing activities (e.g. cooking, laundry)</li> <li>Handling &amp; solving problems</li> <li>Managing money</li> <li>Budgeting</li> <li>Making decisions</li> <li>Keeping safe in-home environment</li> <li>Taking responsibility</li> <li>Behaving responsibly</li> <li>Connecting to services</li> </ul>	<ul style="list-style-type: none"> <li>Motivation</li> <li>Cognitive Difficulties</li> <li>Issues related to self awareness</li> <li>Compulsion</li> <li>Depression</li> <li>Preoccupations</li> <li>Hallucinations</li> <li>Anxiety</li> <li>Tangential thinking</li> <li>Paranoia</li> </ul>	Difficulty with: <ul style="list-style-type: none"> <li>Attending to responsibilities due to; lack of motivation, interest, concentration &amp; organisation</li> <li>Managing household</li> <li>Budgeting</li> <li>Solving problems</li> <li>Making decisions</li> </ul>	<ul style="list-style-type: none"> <li>Scheduling appointments</li> <li>Connecting to services</li> <li>Financing health appointments &amp; medication</li> <li>Management of paperwork</li> </ul>	Person to supervise, support with care of house, managing money, getting services, etc.	Assist with minimum 1 meal/day & other home based responsibilities.  Assist with shopping & appointments (3hrs/wk) Total 17 hrs/wk	X has difficulty completing daily chores due to lack of motivation associated with a depressive episode.  X is unable to make decisions & has no motivation to complete daily tasks.  X frequently reports buying unnecessary items, making impulsive decisions, starting too many projects & rearranging her furniture.

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<b>Communication</b>	<ul style="list-style-type: none"> <li>Communicating needs &amp; wants</li> <li>Following instructions &amp; conversation</li> <li>Understanding others</li> <li>Understanding directions</li> </ul>	<ul style="list-style-type: none"> <li>Delusional thinking</li> <li>Hallucinations</li> <li>Cognitive difficulties</li> <li>Depression</li> <li>Anxiety</li> </ul>	Difficulty interpreting communication, difficulty understanding directions	<ul style="list-style-type: none"> <li>Inability to adequately communicate with practice staff</li> <li>Inability to understand/recall medication instructions, self-care</li> <li>Inability to adequately explain symptoms experienced</li> </ul>	Person to assist with interactions, especially with appointments, work activities, groups	Monthly support to attend appointments, weekly support to attend & participate in volunteer group	X has become isolated in the community since being diagnosed with schizophrenia. X experiences symptoms of paranoia & therefore finds it difficult to interact with others, engage in volunteer or paid work & venture independently into the community. X struggles to follow directions & is easily distracted. X is fiercely independent & has limited insight into his ability to complete daily activities & as a result often fails to communicate his own needs for support.
<b>Learning</b>	<ul style="list-style-type: none"> <li>Understanding</li> <li>Remembering</li> <li>Learning new information</li> <li>Concentrating</li> </ul>	<ul style="list-style-type: none"> <li>Cognitive difficulties</li> <li>Alertness</li> <li>Memory</li> <li>Orientation</li> <li>Concentration</li> <li>Learning</li> <li>Planning</li> <li>Compulsions</li> <li>Hallucinations</li> <li>Derealisation</li> </ul>	Difficulty with: <ul style="list-style-type: none"> <li>Organising tasks</li> <li>Learning new info</li> <li>Following instructions</li> <li>Understanding directions</li> <li>Making decisions</li> <li>Solving problems</li> </ul>	<ul style="list-style-type: none"> <li>Remembering medication, administration</li> <li>Completing forms eg. screening tests</li> <li>Making good health choices, self-care</li> </ul>	<p>Equipment that assists with recording &amp; organising (e.g. tablet device)</p> <p>Person to assist with learning &amp; engaging in activities</p>	<p>Support &amp; training for device use (10hrs over 5 weeks)</p> <p>Assistance with study/rec activities (1hr/wk)</p> <p>Total 6hrs/mth + equipment cost</p>	X finds it difficult to concentrate on information within paperwork. Due to her mental illness she experiences flatness & manic & has difficulty concentrating, understanding & remembering new things.
<b>Mobility &amp; Transport</b>	<ul style="list-style-type: none"> <li>Moving around the house</li> <li>Moving about in the community</li> <li>Volunteering</li> <li>Using public transport or a car</li> <li>Getting in &amp; out of bed or a chair</li> <li>Difficulties as a result of side-effects of treatment</li> </ul>	<ul style="list-style-type: none"> <li>Paranoia</li> <li>Anxiety</li> <li>Depression</li> <li>Obsessions</li> </ul>	<ul style="list-style-type: none"> <li>Unable to use public transport unaccompanied</li> <li>Difficulty leaving the house</li> </ul>	<ul style="list-style-type: none"> <li>Inability to get to medical appointments</li> <li>Inability to get scripts filled</li> <li>Inability to do appropriate food &amp; hygiene shopping</li> </ul>	Person to accompany when using public transport	<p>Attend weekly activity (1hr/wk)</p> <p>Grocery shopping (2hr/wk)</p> <p>Appointments (2hrs/mth)</p> <p>Total 14hrs/mth</p>	X is unable to leave the house or use public transport on a daily basis as a direct result of her severe anxiety & lack of motivation which are symptoms of her mental illness. One-on-one support on a weekly basis would assist her to cope with her anxiety & improve her motivation assisting her to be more mobile.

This is to support the completion of 'Evidence of Psychosocial Disability Form' by treating health professionals for NDIS Access with a primary psychosocial disability.